

Shelanu's Menu

Kosher & Chofar P'srael

1. BREAKFAST

- | | |
|---|-------|
| 1.1 Choice of omelet- served with bread, butter and green salad plain; onion & tomato; fresh herbs; cheese | 185,- |
| 1.2 Oriental omelet – with sautéed tomatoes, peppers, zucchini and eggplant | 195,- |
| 1.3 Fried egg- served with bread, butter, jam and green salad | 185,- |
| 1.4 Fine smoked salmon slices, served with green salad, bread, butter and jam | 195,- |
| 1.5 Sweet pancake served with maple syrup, jam and slices of fresh fruit | 195,- |

2. SHELANU'S BEST PIZZA Individual pie

- | | |
|--|-------|
| 2.1 Pizza Margarita | 275,- |
| 2.2 Choice of topping; mushroom / olive / onion / peppers / tomato | 20,- |
| 2.3 tuna / smoked salmon / spinach / broccoli | 40,- |
| 2.4 Pizza Blanc – with delicate cream sauce, spices and cheese | 285,- |
| 2.5 Pizza Oriental – with tomatoes, peppers, zucchini, eggplant | 295,- |

3. FALAFEL PLATTER

- | | |
|--|-------|
| 6 falafel balls alongside hummus, tehina, matbucha, Israeli salad, and our home-made <i>charif (hot sauce)</i> . Served with pita bread | 340,- |
|--|-------|

4. PANINI

- | | |
|--|-------|
| 4.1 Tuna Melt - tuna, slices of tomato, onion, and mozzarella | 240,- |
| 4.2 Roasted Vegetable Panini - medley of zucchini, peppers, onion and mozzarella | |
| 4.3 Cheese Panini –with slices of tomato on pesto | |

5. CLUB SANDWICH

- | | |
|---|-------|
| 5.1 Tuna Deluxe - with sliced egg, chopped vegetables and crispy lettuce leaves | 230,- |
| 5.2 Egg Salad – with fresh chives and mayo | |
| 5.3 Smoked Salmon – Norwegian smoked salmon with sliced tomato on mayo | |

TWISTERS

- | | |
|---|-------|
| 5.4 Falafel Twister – 3 falafel balls on a toasted wrap with hummus | 210,- |
| 5.5 Tuna twister – Tuna salad on a toasted wrap | 185,- |
| 5.6 Smoked salmon twister - Norwegian smoked salmon with tomato on mayo | 185,- |

6. PASTA

- | | |
|--|-------|
| 6.1 Spaghetti Napolitano – with homemade tomato sauce, mozzarella and herbs | 220,- |
| 6.2 Spaghetti aioli - with fresh tomato, basil, garlic, hot peppers and mozzarella | 220,- |
| 6.3 Penne fungi – creamy mushroom sauce | 240,- |
| 6.4 Penne with creamed broccoli sauce | 240,- |
| 6.5 Tagliatelle al salmone con crema di spinaci - with fresh salmon and spinach | 280,- |

7. SALAD COMBO served with a basket of homemade bread

- | | |
|--|-------|
| 7.1 Hummus, Egg Salad, Matbucha, Vegetable | 220,- |
| 7.2 Additional bread | 25,- |
| 7.3 Hummus / tehina plate with fried mushrooms and onions | 195,- |
| 7.4 Hummus / tehina plate with chickpeas and sliced egg | 195,- |
| 7.5 Garden delight XL - Fresh veggie mix with tuna and smoked salmon | 250,- |

Fish, Desserts & Drinks

| | |
|---|--------------|
| 9. <u>SOUP OF THE DAY</u> | 85,- |
| 10. <u>FISH</u> | |
| 10.1 Baked salmon in fine herbs, served with rice and vegetables | 430,- |
| 10.2 Baked trout in garlic marinade, served with rice and vegetables | 430,- |
| 10.3 Grandma's Pie – Shelanu's favorite potato & tuna combo, served with green salad | 270,- |
| 11. <u>DESSERTS</u> | |
| 11.1 House pastries | 90,- |
| 11.2 Ice Cream - assorted flavors | 90,- |
| 12. <u>SHELANU'S FAMOUS MILK SHAKES</u> | 90,- |
| Strawberry & vanilla / banana & strawberry / pineapple & vanilla / kiwi / chocolate | |
| 13. <u>DRINKS</u> | |
| 13.1 Soft Drinks - coke / diet coke / fanta / sprite | 45,- |
| 13.2 Arizona Iced Tea (480ml) | 90,- |
| 13.3 Iced Tea - peach / lemon (200ml) | 45,- |
| 13.4 Perrier | 50,- |
| 13.5 Mineral water - still / carbonated | 40,- |
| 14. <u>JUICES</u> | |
| 14.1 Fresh squeezed fruit juice | 90,- |
| apple / orange / carrot / apple + carrot / orange + carrot + lemon | |
| 14.2 Fruit Juice | 45,- |
| apple / orange / pineapple / strawberry / tomato / grapefruit | |
| 15. <u>HOT DRINKS</u> | |
| 15.1 Black tea | 45,- |
| 15.2 Fruit tea - assorted flavors | 55,- |
| 15.3 Hot chocolate | 90,- |
| 16. <u>COFFEE</u> | |
| 16.1 Espresso | 55,- |
| 16.2 Cappuccino | 65,- |
| 16.3 Latte Macchiato | 90,- |
| 16.4 Iced Coffee | 90,- |
| 16.5 Decaffeinated Coffee | 70,- |
| 17. <u>KRUSOVICE BEER</u> | |
| 17.1 330 ml | 45,- |
| 17.2 500 ml | 55,- |
| 18. <u>SELECT ISRAELI AND ITALIAN WINE</u> | |
| 18.1 Merlot | 85,- |
| 18.2 Chardonnay | 85,- |
| 18.3 Moscato | 85,- |